## Subject Outline

### Subject code and name

CAM101A History & Philosophy of Complementary & Alternative Medicine

### Section 1 – General Information

#### 1.1 Administrative details

<table>
<thead>
<tr>
<th>Associated award/s</th>
<th>Duration</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHSc (NutMed)</td>
<td>1 Trimester (12 weeks)</td>
<td>1st year</td>
</tr>
<tr>
<td>BHSc (Nat)</td>
<td>or intensive over 6 weeks</td>
<td></td>
</tr>
<tr>
<td>BHSc (WHM)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DipHSci</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 1.2 Core or elective subject

- [x] core subject
- [ ] elective subject
- [ ] other (please specify below):

#### 1.3 Subject weighting

<table>
<thead>
<tr>
<th>Subject credit points</th>
<th>Total course credit points</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>BHSc (NutMed): 360</td>
<td></td>
</tr>
<tr>
<td></td>
<td>BHSc (Nat): 480</td>
<td></td>
</tr>
<tr>
<td></td>
<td>BHSc (WHM): 360</td>
<td></td>
</tr>
<tr>
<td></td>
<td>DipHSci: 120</td>
<td></td>
</tr>
</tbody>
</table>

#### 1.4 Student workload

<table>
<thead>
<tr>
<th>Duration</th>
<th>No. timetabled hours per week</th>
<th>No. personal study hours per week (may include facilitated online component)</th>
<th>Total workload hours per week</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 week duration</td>
<td>4</td>
<td>6</td>
<td>10</td>
</tr>
<tr>
<td>6 week duration</td>
<td>8</td>
<td>12</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td>Total</td>
<td></td>
<td>120hrs</td>
</tr>
</tbody>
</table>

#### 1.5 Delivery mode

Tick all applicable delivery modes for the subject:

- [x] Face to face on site (refer to section 1.4)
- [x] E-learning (e.g. online, see detail below)
- [x] Intensive (e.g. residential, or summer school, see detail below)
1.6 **Pre-requisites and co-requisites**

☐ Yes  ☒ No

*If YES, provide details of the prerequisite or co-requisite requirements below.*

1.7 **Other resource requirements**

☐ Yes  ☒ No

*If YES, provide details of specialist facilities and/or equipment below.*

**SECTION 2 – ACADEMIC DETAILS**

**2.1 Subject Descriptor**

This subject explores the historical and philosophical paradigm of complementary and alternative medicine (CAM) that underpins clinical practice and examines a range of different modalities currently practiced in Australia. This subject aims to provide the clinical practitioner with a sound knowledge and understanding of the history, philosophy and science of CAM with particular emphasis on naturopathy, nutritional medicine and western herbal medicine. During the trimester students will have the opportunity to observe complementary and alternative medicine practice within the college clinic to further their understanding of how natural medicine history and philosophy under-pins current clinical practice.
### 2.2 Learning Outcomes

#### Learning outcomes for subject

<table>
<thead>
<tr>
<th>No.</th>
<th>Type and Description</th>
<th>When assessed</th>
<th>Weighting</th>
<th>Learning Outcomes(s) assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Draft of essay (500 words +/- 10%)</td>
<td>End of week 3</td>
<td>25%</td>
<td>a, b, c</td>
</tr>
<tr>
<td>2.</td>
<td>Essay: Describe and discuss the underlying concepts of holism and vitalism. (1,000 words +/- 10%)</td>
<td>End of week 7</td>
<td>50%</td>
<td>a, b, c, d</td>
</tr>
<tr>
<td>3.</td>
<td>Interactive Discussion Forum</td>
<td>End of week 11</td>
<td>25%</td>
<td>a, b, c, d, e, f</td>
</tr>
</tbody>
</table>

### Mapping to Course Learning Outcomes

<table>
<thead>
<tr>
<th>No.</th>
<th>Type and Description</th>
<th>When assessed</th>
<th>Weighting</th>
<th>Learning Outcomes(s) assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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<td>25%</td>
<td>a, b, c</td>
</tr>
<tr>
<td>2.</td>
<td>Essay: Describe and discuss the underlying concepts of holism and vitalism. (1,000 words +/- 10%)</td>
<td>End of week 7</td>
<td>50%</td>
<td>a, b, c, d</td>
</tr>
<tr>
<td>3.</td>
<td>Interactive Discussion Forum</td>
<td>End of week 11</td>
<td>25%</td>
<td>a, b, c, d, e, f</td>
</tr>
</tbody>
</table>

- **Learning outcomes for subject:**
  - a) Explain the historical development of complementary and alternative medicine (CAM) and orthodox medicine
  - b) Outline the major paradigms inherent in Biomedical and CAM philosophies with particular emphasis on Naturopathy, Western Herbal Medicine and Nutritional therapy
  - c) Identify those factors which distinguish the CAM approach to illness from those of orthodox medicine
  - d) By examining the literature, identify and discuss the principals of holism that underpin CAM clinical practice with particular emphasis on Naturopathic, Nutritional and Western Herbal Medicine
  - e) Explain the depth and breadth of CAM practice in Australia and describe common modalities currently available in Australia
  - f) Identify and discuss appropriate, ethical professional behaviour

- **Assessment Tasks**
  - **12 week duration**

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*CAM101A  History & Philosophy of Complementary & Alternative Medicine*

*CAM101A Subject_Outline_20170704.docx*
6 week duration:

<table>
<thead>
<tr>
<th>No.</th>
<th>Type and Description</th>
<th>When assessed</th>
<th>Weighting</th>
<th>Learning Outcomes(s) assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Draft of essay due in week 7. (500 words +/- 10%)</td>
<td>End of week 2</td>
<td>25%</td>
<td>a, b, c</td>
</tr>
<tr>
<td>2.</td>
<td>Essay: Describe and discuss the underlying concepts of holism and vitalism. (1,000 words +/- 10%)</td>
<td>End of week 4</td>
<td>50%</td>
<td>b, c, d</td>
</tr>
<tr>
<td>3.</td>
<td>Interactive Discussion Forum</td>
<td>End of week 6</td>
<td>25%</td>
<td>a, b, c, d, e, f</td>
</tr>
</tbody>
</table>

2.4 Indicative learning resources

**Prescribed Reading:**


**Recommended readings:**

**Texts:**


**Online Resources:**


3. Review of Ancient Medical Systems, [http://library.wellcome.ac.uk/assets/native_wt015174.pdf](http://library.wellcome.ac.uk/assets/native_wt015174.pdf)


Policies and Procedures, and related application forms, are available via the college website