**SUBJECT OUTLINE**

**Subject code and name**

History & Philosophy of Complementary & Alternative Medicine (CAM101A)

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### SECTION 1 – GENERAL INFORMATION

#### 1.1 Administrative details

<table>
<thead>
<tr>
<th>Associated award/s</th>
<th>Duration</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>BHSc (Nat)</td>
<td>1 Trimester (12 weeks, or intensive over 6 weeks)</td>
<td>1st year</td>
</tr>
<tr>
<td>BHSc (NutMed)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BHSc (WHM)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>DHSc</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### 1.2 Core or elective subject

- ☑ core subject (within associated awards)
- ☐ elective subject (within associated award/s, and in other approved awards)
- ☐ other (please specify below):

#### 1.3 Subject weighting

<table>
<thead>
<tr>
<th>Subject credit points</th>
<th>Total course credit points</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>BHSc (Nat): 480</td>
</tr>
<tr>
<td></td>
<td>BHSc (NutMed): 360</td>
</tr>
<tr>
<td></td>
<td>BHSc (WHM): 360</td>
</tr>
<tr>
<td></td>
<td>DipHSci: 120</td>
</tr>
</tbody>
</table>

#### 1.4 Student workload

<table>
<thead>
<tr>
<th>Duration</th>
<th>Facilitated study h/p/w</th>
<th>Personal study h/p/w</th>
<th>Total study h/p/w</th>
</tr>
</thead>
<tbody>
<tr>
<td>12 week duration</td>
<td>4</td>
<td>6</td>
<td>10</td>
</tr>
<tr>
<td>6 week duration</td>
<td>8</td>
<td>12</td>
<td>20</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td></td>
<td>120</td>
</tr>
</tbody>
</table>

#### 1.5 Delivery mode

- ☑ Face to face on site
- ☒ E-learning
Intensive (e.g. residential, or summer school, weekend workshop - details below)

Work-integrated learning activity
Mixed/blended
Full-time
Part-time
Other (please specify)

1.6 Pre-requisites and co-requisites

☐ Yes  ☒ No
If YES, provide details of the prerequisite or co-requisite requirements below.

1.7 Specialist facilities and/or equipment requirements

☐ Yes  ☒ No
If YES, provide details of specialist facilities and/or equipment below.

SECTION 2 – ACADEMIC DETAILS

2.1 Subject Descriptor

This subject explores the historical and philosophical paradigm of complementary and alternative medicine (CAM) that underpins clinical practice and examines a range of different modalities currently practised in Australia. This subject aims to provide the clinical practitioner with a sound knowledge and understanding of the history, philosophy and science of CAM with particular emphasis on naturopathy, nutritional medicine and western herbal medicine. During the trimester students will have the opportunity to observe complementary and alternative medicine practice within the college clinic to further their understanding of how natural medicine history and philosophy under-pins current clinical practice.

2.2 Learning Outcomes
### Subject Learning Outcomes

<table>
<thead>
<tr>
<th>Mapping to Course Learning Outcomes</th>
</tr>
</thead>
</table>
| **a)** Explain the historical development of complementary and alternative medicine (CAM) and orthodox medicine. | BHSc (Naturopathy) CLO1, CLO2  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |
| **b)** Outline the major paradigms inherent in Biomedical and CAM philosophies with particular emphasis on Naturopathy, Western Herbal Medicine and Nutritional therapy. | BHSc (Naturopathy) CLO1, CLO2  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |
| **c)** Identify those factors which distinguish the CAM approach to illness from those of orthodox medicine. | BHSc (Naturopathy) CLO1, CLO2  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |
| **d)** By examining the literature and discuss the principles of holism than underpin CAM clinical practice with particular emphasis on Naturopathic, Nutritional and Western Herbal Medicine. | BHSc (Naturopathy) CLO1, CLO2, CLO4  
BHSc (Nutritional Medicine) CLO1, CLO2, CLO4  
BHSc (Western Herbal Medicine) CLO1, CLO2, CLO4  
DHSc CLO1, CLO2, CLO4  
BHSc  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |
| **e)** Explain the depth and breadth of CAM practice in Australia and describe common modalities currently available in Australia. | BHSc (Naturopathy) CLO1, CLO2  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |
| **f)** Identify and discuss appropriate, ethical professional behaviour. | BHSc (Naturopathy) CLO1, CLO2  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc  
BHSc (Nutritional Medicine) CLO1, CLO2  
BHSc (Western Herbal Medicine) CLO1, CLO2  
DHSc CLO1, CLO2  
BHSc |

### Assessment Tasks

**12 week duration**

<table>
<thead>
<tr>
<th>No.</th>
<th>Type and Description</th>
<th>Assessment due</th>
<th>Weighting</th>
<th>Learning Outcomes(s) assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Essay: Choose an historic medical system investigating the key ideas, and any relevance to current practice. (500 wds +/- 10%)</td>
<td>end of week 3</td>
<td>25%</td>
<td>(a), (b), (c),</td>
</tr>
<tr>
<td>2.</td>
<td>Essay: Describe and discuss the underlying concepts of holism and vitalism. (1000 wds +/- 10%)</td>
<td>end of week 7</td>
<td>50%</td>
<td>(b), (c), (d),</td>
</tr>
</tbody>
</table>
3. Weekly interactive forum 100 - 150 words per entry. | end of week 11 | 25% | (a), (b), (c), (d), (e), (f)

6 week duration

<table>
<thead>
<tr>
<th>No.</th>
<th>Type and Description</th>
<th>Assessment due</th>
<th>Weighting</th>
<th>Subject Learning Outcome/s assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Essay: Choose an historic medical system investigating the key ideas, and any relevance to current practice. (500 wds +/- 10%)</td>
<td>End of week 2</td>
<td>25%</td>
<td>(a), (b), (c),</td>
</tr>
<tr>
<td>2.</td>
<td>Essay: Describe and discuss the underlying concepts of holism and vitalism. (1000 wds +/- 10%)</td>
<td>End of week 4</td>
<td>50%</td>
<td>(b), (c), (d),</td>
</tr>
<tr>
<td>3.</td>
<td>Weekly interactive forum 100 - 150 words per entry.</td>
<td>End of week 6</td>
<td>25%</td>
<td>(a), (b), (c), (d), (e), (f)</td>
</tr>
</tbody>
</table>

2.4 Indicative learning resources

Prescribed Reading:


Recommended Reading:


Edinburgh: Churchill Livingstone.


Websites:
*Review of Ancient Medical Systems*, <http://library.wellcome.ac.uk/assets/native_wt015174.pdf>
*University of Virginia, Heroic medicine*, <http://www.hsl.virginia.edu/historical/artefacts/caricatures/en2-heroic.cfm>
*<http://www.swsbm.com/ManualsOther/Samuel_Thomson-Lloyd.pdf>*
*Henrietta’s Herbal home Page*, <http://www.henriettesherbal.com/>

Policies and Procedures, and related application forms, are available via the college website